

# FREE MEMBERSHIP

Services You Can Receive

## YOUR HEALTH (FOR PEOPLE)

### GET INFORMATION ABOUT PERSONAL HEALTHCARE PLANS

- Talk to our service provider about your options and ways you can save money
- Get information about personal healthcare plans
- Get information about healthcare plans for self-employed entrepreneurs (part-time and full-time)

### SPECIAL CARE – EXCLUSIVE MEMBER ASSISTANCE PROGRAM (24/7)

It's just like the best Employee Assistance Program, but it stays with you

For just \$5 per month, get access to:

- Counselling for personal and family matters (24/7 online and in-person access)
- Savings and discounts of up to 40%, and rewards programs at over 1200 stores/restaurants/entertainment venues (members save an average of \$700-\$3000 per year)
- Wellness, nutrition, and fitness programs

### SPECIAL CARE – FREE ONLINE PHARMACY (24/7)

SAVE up to 30% on the cost of your prescriptions

- Order and receive your prescriptions, over-the-counter medications, and other pharmacy items online with pharmacists always ready to help you
- FREE delivery straight to your door
- Perfect for renewals, blister packs, and when it's hard to get your prescriptions in-person





**SPECIAL CARE – ONLINE CANADIAN MEDICAL PRACTITIONERS (24/7)**

- Costs as little as \$6.67 per month
- Unlimited visits
- Access to a doctor within minutes (no long wait times)
- Receive fast diagnosis and treatment for any of 450 minor illnesses, and an online visit summary that includes any necessary prescriptions
- Very convenient for times when it’s difficult to see a doctor in-person



**YOUR HEALTH (FOR COMPANIES)**

**GET INFORMATION ABOUT GROUP HEALTHCARE AND BENEFITS PLANS**

- With COVID, this is an ideal time for you to review your costs and options
- Talk to our service provider about your options and ways you can save money
- Get information about plans designed for smaller companies with 2 to 10 employees
- Get information about plans designed for larger companies with 11 to 1000s of employees

**GET INFORMATION ABOUT EMPLOYEE ASSISTANCE PROGRAMS (EAPs)**

Get information about “big name” Employee Assistance Programs that include:

- Counselling for personal and family matters (24/7 online and in-person access)
- Savings and discounts of up to 40%, and rewards programs at over 1200 stores/restaurants/entertainment venues (employees save an average of \$700-\$3000 per year)
- Wellness, nutrition, and fitness programs

**SPECIAL CARE – FREE ONLINE PHARMACY (24/7)**

Your company:

- SAVES up to 30% on your group prescription program costs

Your employees:

- Order and receive their prescriptions, over-the-counter medications, and other pharmacy items online with pharmacists always ready to help them (perfect for renewals and blister packs)
- Get FREE delivery straight to their door
- Submit their prescription receipts as usual using your group plan



**SPECIAL CARE – ONLINE CANADIAN MEDICAL PRACTITIONERS (24/7)**

- Costs as little as \$2.25/month per employee
- Unlimited visits
- Access to a doctor within minutes (no long wait times)
- Receive fast diagnosis and treatment for any of 450 minor illnesses, and an online visit summary that includes any necessary prescriptions
- Very convenient for times when it’s difficult to see a doctor in-person

